## For Those Who Are in Christ Jesus

Lesson 6 November 17 Romans 8; Galatians 4:1-7; 5:16-26

Our last study concluded with Paul's words in Romans 7:24-25:

Wretched man that I am! Who will deliver me from this body of death? Thanks be to God through Jesus Christ our Lord!

Romans 8 begins with another "<u>therefore</u>." If we can be justified by faith, if peace with God can be enjoyed through our Lord Jesus Christ, and opportunity is available to keep sin from reigning in our mortal bodies, to what conclusion does all of this lead?

There is therefore now <u>no</u> condemnation for those who are <u>in</u> Christ Jesus. For the law of the Spirit of life has set you <u>free</u> in Christ Jesus from the law of sin and death. For God has done what the law, weakened by the flesh, could not do. By sending his own Son in the likeness of sinful flesh and for sin, he condemned sin in the flesh, in order that the righteous requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the <u>Spirit</u>. (8:1-4)

## Let's think about that. What does it mean to "walk according to the Spirit"? Paul's letters to the Romans and Galatians help us understand...

- It begins with a <u>mind</u> set on the things of the Spirit, not on the things of the flesh (8:5-8)
- You are "in the Spirit if in fact the Spirit of God dwells in you" (8:9-11)
- Sons and daughters of God are <u>led</u> by the Spirit of God (8:12-14)
- As we "walk by the Spirit," the <u>fruit</u> of the Spirit is borne in our lives (Gal 5:16-24)
- As we "keep in step with the Spirit" and "live by the Spirit" (Gal 5:25), the Spirit himself bears witness with our spirit that we are adopted <u>children</u> of God, and if children, then heirs of God (Rom 8:15-17; Gal 4:1-7)

And if that is our identity and future?

For I consider that the <u>sufferings</u> of this present time are not worth comparing with the <u>glory</u> that is to be revealed to us. For the creation waits with eager longing for the revealing of the sons of God. (Rom 8:18-19)

For now, we live in a world of <u>groaning</u> (8:20-23), but the sons and daughters of God have hope (8:24-25) and a helper. The Spirit helps us in our weaknesses (8:26). He himself intercedes for us as we pray (8:26-27). And even though the path for disciples of Jesus can be hard, we've been told where the path ends. Those who have been justified will also be glorified (8:28-30).

What then shall we say to these things? If God is <u>for</u> us, who can be against us? He who did not spare his own Son but gave him up for us all, how will he not also with him graciously give us <u>all</u> things? (8:31-32)

Nothing is able to separate us from the love of God in Christ Jesus our Lord (8:33-39). Let's talk about it...

## For Class & Family Discussion:

- Let's dig a little deeper into those "walk according to the Spirit" bullet points from the front page.
  - Why does "mind set" matter (Rom 8:5-8)? How can I get my mind "set" where it needs to be?
  - In your own words, what does it mean to "keep in step with the Spirit" (Gal 5:25)?
  - What sort of "fruit" comes from "walking by the Spirit" (Gal 5:22-23)?
  - If instead I choose to set my mind "on the things of the flesh," what sort of rotten fruit will I bear (Gal 5:19-21)?
  - "So you are no longer a slave, but a son, and if a son, then an heir through God" (Gal 4:7). That sounds like really good news. What does it mean to be an "heir of God" (Rom 8:16-17)?
- Why does all of this lead Paul to talk about suffering (Rom 8:18)?
- He uses the word "groaning" a few times in Romans 8:19-23. Why is that a good word to describe what life on earth is like?
- "There is therefore now no condemnation for those who are in Christ Jesus" (Rom 8:1). In your own words, what is Paul saying?
- While life on earth can be hard, disciples of Jesus have hope (Rom 8:24-25) and a helper (8:26-27). What difference does the Holy Spirit make in the lives of the children of God?
- Romans 8:31-39 is a very encouraging section of Scripture. We need to remember it and know where to find it in our Bibles. How would you summarize the big idea in your own words?