

Faith in Anxious Times



___ of ___
Adults
Experience an
Anxiety Disorder

Anxiety is the

mental illness in the
world (World Health
Organization)

What does the Bible teach us about anxiety?

We are “_____” and _____ about many things...”



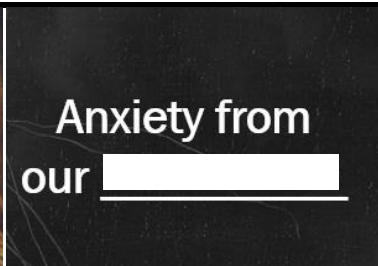
Anxiety from
the _____

Jeremiah 20:14-18



Anxiety from
our _____

Luke 10:38-40



Anxiety from
our _____

Matthew 8:23-26

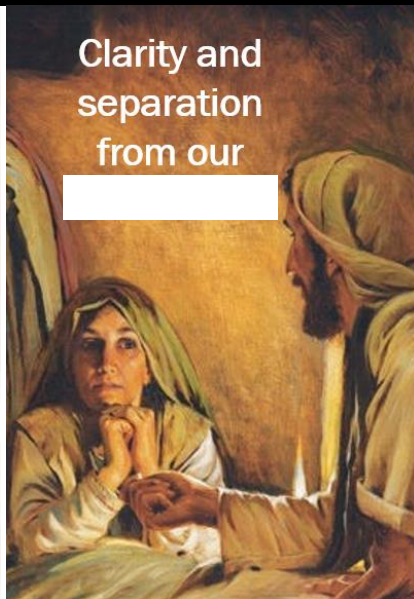
Psalm ____: Verse ____
Who will rise up
for me against the

?
Who will stand up
for me against the
workers of
iniquity?

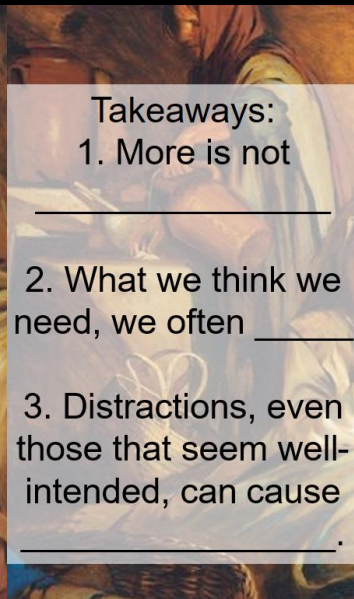
*How can we have
faith in anxious times?*



Faith beyond
our _____

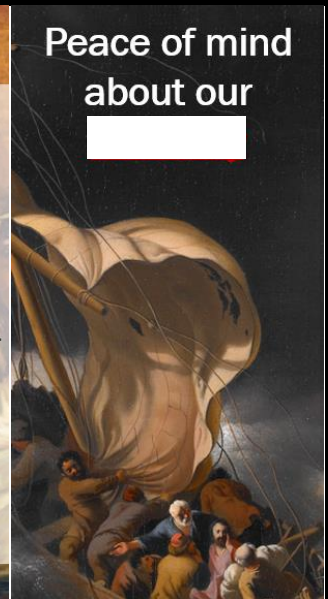


Clarity and
separation
from our



Takeaways:
1. More is not

2. What we think we
need, we often _____
3. Distractions, even
those that seem well-
intended, can cause
_____.



Peace of mind
about our

⁶ Be _____, but in everything by prayer and supplication,
with thanksgiving, let your requests be made known to God; ⁷ and the
peace of God, which surpasses all understanding, will guard your
hearts and minds through Christ Jesus. *Philippians 4:6-7*