

Who is JESUS?

Lesson 2 • July 10
The Son of Man

Jesus was real. He was really born to a real mother in a real place. He really grew up and lived a real life. Jesus isn't a myth or fairytale. Jesus was a real person. In fact, he most often used this phrase when describing himself—the Son of Man. What did he mean by that?

In our last lesson, we briefly talked about Jesus being part of Abraham's family tree.



The book of the genealogy of Jesus Christ, the son of David, the son of Abraham. (Matt 1:1)

Jesus really grew up, just like you are growing up.

And Jesus increased in wisdom and in stature and in favor with God and man. (Luke 2:52)

Jesus knew what it was like to be tempted to do the wrong thing.

For we do not have a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin. (Heb 4:15)

What makes Jesus different? He never sinned. He always did what was right. Listen to the way Peter summarized much of Jesus' life in Acts 10:38:

"...how God anointed Jesus of Nazareth with the Holy Spirit and with power. He went about doing good and healing all who were oppressed by the devil, for God was with him."

John described these as "signs" throughout his Gospel that helped the disciples of Jesus believe in him (John 2:11). In fact, the Gospels tell us about more than 30 miracles Jesus performed, showing his power over nature, sickness, and even death. In Mark 1:27, we have a great summary of Jesus' work as the Son of Man.

And they were all amazed, so that they questioned among themselves, saying, "What is this? A new teaching with authority! He commands even the unclean spirits, and they obey him."

Jesus did speak with authority and he used that authority to call people. He called people to follow him, to put him first, and to keep his commandments.

"If anyone would come after me, let him deny himself and take up his cross and follow me. (Matt 16:24)

We'll hear much more about his cross in our next lesson...



For Class & Family Discussion:

- What's the difference between a fairytale and Jesus? Why is it so important that we understand Jesus is real?

- We heard in [Luke 2:52](#) that Jesus “increased in wisdom and in stature and in favor with God and man.” Have you ever thought about Jesus growing up, just like you are growing up? What do you think Luke means when he is telling us that Jesus “increased in wisdom and in stature”?

- In [Hebrews 4:15](#) we heard that Jesus is able to “sympathize with our weaknesses” as someone who “has been tempted as we are.” What do you think that means? If you haven't already turned your Bible over to that verse, let's do that together. How does the verse end? What is so special about Jesus, making him different from everyone else who has ever grown up and started making their own choices?

- What miracles can you remember that Jesus performed? What do you think the most amazing one would have been to see?

- Let's think about those last words from our video in [Matthew 16:24](#). What does it mean to “deny” myself? Why would Jesus expect me to do something like that?

- In [Mark 1:27](#), we heard some say about Jesus, “A new teaching with authority! He commands even the unclean spirits, and they obey him.” What does it mean that Jesus taught “with authority”? Do we still need to respect his authority, even today? If so, why?

- In [Acts 10:38](#), we heard Peter preach that Jesus “went about doing good.” Let's remember that he's calling us to “follow” him. Can you think of some opportunities we might all have this week to “do good” like Jesus?