



In [John 4:24](#), Jesus taught us some important truths about the God we worship and what he wants from us:

“God is _____, and those who worship him must worship in _____ and _____.”

Truth. If we’re going to “offer to God acceptable worship, with reverence and awe” ([Heb 12:28](#)), we have to listen to him. How has he defined true worship? What does he want?

Spirit. I can “honor” him with my lips, but if my “heart is far from” him, my “worship” is “vain” ([Matt 15:8-9](#)). My Father in heaven wants a real relationship with me, and communication is key to every healthy relationship. So it’s no wonder that we read this description of the earliest Christians in [Acts 2:42](#):

And they devoted themselves to the apostles’ teaching and the fellowship, to the breaking of bread and the _____.

What is prayer? It’s communicating my “_____ desire” to God ([Rom 10:1](#)). Can we even do that? Jesus taught us that we could in [Matthew 6:9-13](#). In [1 Timothy 2:1-2](#), the apostle Paul urged us to offer:

- ◆ _____: making requests
- ◆ _____: humbly addressing
- ◆ _____: for other people
- ◆ _____: expressing gratitude

Why do we pray? Jesus taught us to pray to “our Father in heaven.” The first Christians devoted themselves to prayer. “The prayer of a righteous person has great power as it is working” ([James 5:16](#)).



For Class & Family Discussion:

- In your own words, what is it going to mean to worship God “in spirit and truth”? What does it require of you?
- If I’m “devoted” to prayer...
- Why do most of us find prayer to be challenging?
- Let’s read what Jesus said about prayer in [Matthew 6:5-15](#). What stands out to you?
- Paul used four different words in [1 Timothy 2:1-2](#). What are some examples of:
 - Supplications?
 - Prayers?
 - Intercessions?
 - Thanksgivings?
- Why do we pray “in Jesus’ name”? What does that mean?
- When we say “Amen” at the end of a prayer, what are we saying? Why do we say it?
- We read a promise of God in [James 5:16](#). Why does it matter whether the person praying is “righteous”?